

## Helpful Websites

### **Stop Bullying Now**

[www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov)

The "Stop Bullying Now!" campaign was developed by the Health Resources and Services Administration in partnership with more than 70 health, safety, education, and faith-based organizations. The website, which has both children's and adults' sections, offers animated scenarios, public service announcements, and resources for educators, health and safety professionals, parents, children, and the general public.

Federal Partner: Health Resources and Services Administration, U.S. Department of Health and Human Services

### **Bullying Fact Sheet for Teens**

[www.safeyouth.org/scripts/teens/bullying.asp](http://www.safeyouth.org/scripts/teens/bullying.asp)

Facts on bullying for teens, and advice on how to prevent it from happening to you or somebody else.

Federal Partner: National Youth Violence Prevention Resource Center

### **Schoolwide Prevention of Bullying**

[www.nwrel.org/request/dec01/index.html](http://www.nwrel.org/request/dec01/index.html)

This booklet provides an overview of what is currently known about bullying behavior and successful efforts to address it. It also profiles a number of anti-bullying programs and offers resources for further research and program development.

Federal Partner: U.S. Department of Education

### **Preventing Bullying**

[www.eric.ed.gov/contentdelivery/servlet/ERICServlet?accno=ED463563](http://www.eric.ed.gov/contentdelivery/servlet/ERICServlet?accno=ED463563)

This digest examines the problem of bullying and some of its effects, discusses steps schools are taking, looks at ways peers can discourage bullying, and identifies other strategies that are being pursued.

Federal Partner: Office of Educational Research and Improvement, U.S. Department of Education

### **Addressing the Problem of Juvenile Bullying**

[www.ncjrs.org/pdffiles1/ojjdp/fs200127.pdf](http://www.ncjrs.org/pdffiles1/ojjdp/fs200127.pdf)

This fact sheet defines bullying, noting that it can take three forms: physical, verbal, and psychological. It also describes a recently published report by the National Institute of Child Health and Human Development (NICHD) and summarizes the report's findings on the long- and short-term effects of bullying.

Federal Partner: Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice

### **The ABCs of Bullying: Addressing, Blocking, and Curbing School Aggression**

[http://pathwayscourses.samhsa.gov/bully/bully\\_intro\\_pg1.htm](http://pathwayscourses.samhsa.gov/bully/bully_intro_pg1.htm)

This online course from the Center for Substance Abuse Prevention examines the causes and effects of bullying, prevention techniques and programs, screening, treatment options, and legal/ethical issues surrounding bullying.

### **The School Bully Can Take a Toll on Your Child's Mental Health**

[www.mentalhealth.org/publications/allpubs/Ca-0043/default.asp](http://www.mentalhealth.org/publications/allpubs/Ca-0043/default.asp)

This fact sheet explains steps parents can take to insure that bullying does not consume their children.

Federal Partner: Center for Mental Health Services (CMHS), Substance Abuse and Mental Health Services Administration

### **Bullying Among Children and Youth**

(published in "Combating Fear and Restoring Safety in Schools," Juvenile Justice Bulletin, April 1998)

<http://ojjdp.ncjrs.org/ijbulletin/9804/bullying2.html>

Stimulated by the pioneering work of Dan Olweus in Norway and Sweden, researchers from several nations have begun to explore the nature, prevalence, and effects of bullying among schoolchildren. Although studies of comprehensive antibullying programs are scarce in the United States, evaluation data from other countries suggest that adopting a comprehensive approach to reduce bullying at school can change students' behaviors and attitudes, reduce other antisocial behaviors, and increase teachers' willingness to intervene.

Federal Partner: Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice

### **Bullying**

(published in "Combating Fear and Restoring Safety in Schools," Juvenile Justice Bulletin, April 1998)

<http://ojjdp.ncjrs.org/ijbulletin/9804/bullying.html>

This article lists services, strategies, programs, and suggested training classes identified as ways to mediate bullying.

Federal Partner: Office of Juvenile Justice and Delinquency Prevention, U.S. Department of Justice

### **Parents Against Bullying**

<http://www.parentsagainstbullying.com/>

This website has been created for the victims of bullying and their parents and is designed to extinguish anger and give hope during the process of working through the problem. Our focus is to relieve the emotional pressure from bullied children, and to recruit parents to be a force in your communities, by pushing for better bullying policies through "Parents Against Bullying."

### **Educational Forum on Adolescent Health: Youth Bullying**

[www.ama-assn.org/ama1/pub/upload/mm/39/youthbullying.pdf](http://www.ama-assn.org/ama1/pub/upload/mm/39/youthbullying.pdf)

This publication documents the proceedings of a May, 2002, forum for health care practitioners focusing on youth bullying.

National Organization: American Medical Association

and Federal Partner: Maternal and Child Health Bureau, Health Resources and Services Administration

### **New Ways to Stop Bullying**

[www.apa.org/monitor/oct02/bullying.html](http://www.apa.org/monitor/oct02/bullying.html)

An October, 2002, article covering bullying statistics and trends, prevention programs, and new research findings.

National Organization: American Psychological Association